



Bush Fit Mob



ISSUE 8, AUGUST 2018

NEWSLETTER

HEALTHY BODIES, STRONG MINDS

BFM Month in Review



August saw Bush Fit Mob participate in some awesome external visiting provider programs such as the Australian women's futsal team as well as assisting the East Arnhem Athletics team with their exciting trip to the NT Championships. Women's footy and in-school sports activities continued to be strong

programs and our Bush Fit Mob staff completed some very important first aid/CPR training! Read on for details below!

Bush Fit Mob were happy to participate in the Atletico Brisbane Women's Futsal Team's visit to Groote Eylandt in August! Organised by East Arnhem Futsal Association, BFM staff assisted the champion women's futsal team on their visit to all three Community schools. They hosted Futsal workshops, fun games with the school kids and held an evening of futsal games and community BBQ open to the whole community in Alyangula.

Women's AFL Going Strong



Groote Eylandt AFL has been running weekly women's AFL training sessions with the women playing their first game in August. With the assistance of Bush Fit Mob and EARC Youth Sport and Rec, the sessions are bringing together girls and women from Umbakumba, Angurugu and Alyangula for a weekly evening of fun and fitness with more

women joining in every week!

Atletico Brisbane Visits Groote Schools



BFM Staff Enrol in Charles Darwin University Program



Bush Fit Mob is committed to professional development for our local Program Leaders. In August, BFM staff have enrolled in the Charles Darwin University Certificate in Sport and Recreation. This certificate will ensure that all BFM staff have the knowledge and skills to run our programs in an effective, fun and safe way! The first week's course included CPR and First Aid training for all BFM staff.

GROOTE EYLANDT STUDENTS ATTEND NT ATHLETICS CHAMPIONSHIPS IN DARWIN



Bush Fit Mob are proud to be a sponsor for East Arnhem Regional Sports and the Arnhem Regional Athletics team who were in Darwin in the final week of August to compete at the 2018 NT Athletic Championships. 37 talented students from all over East Arnhem, including 6 students from Groote Eylandt were selected to represent the Region this year.

BFM Program Manager Atnas Maeko travelled with the Groote Eylandt students and coached the East Arnhem team throughout the weekend. The kids had a great time and came home with multiple medals around their necks! They even won the trophy for overall points for any team attending the event! Great job team!



What's Coming Up?

SEPT 17-28: BASKETBALL NT DEVELOPMENT PROGRAM

OCT 1-12: SCHOOL HOLIDAYS!!!!

STAY TUNED FOR THE UPCOMING OCTOBER SCHOOL HOLIDAY PROGRAM!



Bush Fit Mob is an Anindilyakwa Land Council funded initiative.