



ISSUE 10, October 2018

NEWSLETTER

HEALTHY BODIES, STRONG MINDS

BFM Month in Review

October started off with a bang with our School Holiday program which saw the kids and youth keeping busy for the two weeks with various activities such as bmx riding, cooking, hip hop, gardening and many different sporting activities. A highlight this month was the community-organised Umbakumba Mini Festival, a two day event which brought hundreds of people to Umbakumba to watch some amazing musical performances, eat some delicious food and get involved in some Bush Fit Mob led sporting activities. Read on for details and see how our Bush Fit Mob team has grown over the past few months!



School Holiday Round-up



There were many opportunities for the kids and youth of Groote Eylandt to get involved in active and fun activities over the school holiday period. Bush Fit Mob assisted throughout the school holidays with the EARC YSR led program Corrugated Iron, a arts-based team of performers which provided hip hop dancing and performances to the kids in all three communities.

There were also BMX days in Umbakumba and Angurugu which had the youth carving up the tracks around community, followed by some healthy and delicious cooking classes with Clancy from the EON Foundation.

Sporting activities were ever present with our youth taking part in many activities such as basketball and futsal which helped our Groote Eylandt Youth Futsal

team prepare for the upcoming Far North Queensland Futsal Championships in early November. More on that amazing trip in our November newsletter!

Umbakumba Mini Festival: A Fun Time Had by All



How exciting to see Umbakumba residents take charge and provide such an amazing event for their community. In two weeks, a whole two day event was put together including amazing local bands which brought in hundreds of people from surrounding communities, delicious local seafood and BBQ's provided throughout the two days, traditional dancing, kids activities and a basketball comp. Bush Fit Mob was proud to be a part of this amazing community-led event.



Bush Fit Mob Team Expanding

In just 10 months since the Bush Fit Mob program rolled out to the Groote Eylandt communities our team has grown by leaps and bounds! We are so excited to have amazing and dedicated local TO Program Leaders working in Angurugu, Umbakumba, and Milyakburra. Every week we work to provide school attendance incentive programs in each community school, after school positive engagement programs, cultural programs and many inter-community and off-Eylandt sporting opportunities. Welcome to all of our new staff members. With this talented group of young leaders leading the way, the Bush Fit Mob program's future is bright!



What's Coming Up?

OCT 29-NOV 9: INDIGENOUS HIP HOP PROJECTS

NOV 1-5: FAR NORTH QLD. FUTSAL CHAMPIONSHIPS

NOV 12-21: REMOTE SPORT VOUCHER PROGRAM - SOFTBALL NT



Bush Fit Mob is an Anindilyakwa Land Council funded initiative.